



A WEEK AT MACHON MAAYAN

WEEKLY SCHEDULE 2026



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

8:00-8:30 Breakfast 8:50-9:15 Shacharit

9:15-10:05
Women in Halacha:
3 Pathways
Deep Text Study
Guided Discovery
Meaning & Connection

9:15-10:05
Contemporary Halacha
Yesodot
Living, Loving, Learning
Guided Beit Midrash:
Shmuel Alef
Echoes of Eden
Torah Touring
Interpreting Midrash

9:15-10:05
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3 Pathways
Deep Text Study
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SEMINAR DAY —
ISRAEL IS OUR
CLASSROOM

Experience the places.
Meet the people.
Explore the stories.

Each week, we step outside
the classroom and into
the Land of Israel—where
our learning, our history,
and our story come alive.

Seminar Day continues
through dinner.

10:10-11:10
Interpersonal Relationships
Parshat Hashavua
Spiritual Growth
Mashiach, Resurrection,
& The World to Come
Women in Tanach
Visual Kabbalah

10:10-11:10
From Zodiac to Z'man:
The Soul of Jewish Time
Minhagim
Kashrut / Daily Living
DMC: The Amida
Sketchy Characters in Tanach
Stories of the Shevatim
Guided Beit Midrash:
Rationale of Mitzvot

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11:15-12:15
Enneagrams
Minhagim
The Yosef Story
Jewish Literacy
The Eliyahu Narratives
Tefilla Connection

11:15-12:15
Hilchot Shabbat: 5 Options
Shabbat Kitchen
Practical Hilchot Shabbat
From Gemara to Halacha:
Hilchot Shabbat
Guided Beit Midrash:
Hilchot Shabbat
Philosophy of Shabbat

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Hilchot Shabbat
Philosophy of Shabbat

12:45 Lunch

1:30-3:30
OPT-IN OPTIONS
1:30-2:30 — Ulpan: 3 Levels
1:30-2:25 — Music Theory
2:30-3:30 — Songwriting

1:00-5:00
COMMUNITY &
PROFESSIONAL INTERNSHIPS
JERUSALEM

1:30-3:30
OPT-IN OPTIONS
1:30-2:30 — Ulpan: 3 Levels
2:00-3:30 — Open Beit Midrash
2:45-3:40 — Master Brachot

1:30-5:30
COMMUNITY &
PROFESSIONAL INTERNSHIPS
JERUSALEM

3:45-4:50
Tanya
Israel Update
Jewish Christian Polemics
Tehillim of Kabbalat Shabbat
Mishlei
Know What to Answer
Free Choice



3:45-4:50
The Thought of Rav Kook
Knowledge, Faith & Belief
Iyov
Michtav M'Eliyahu
Torah & Art
How Do Rabbis Make
Decisions?
Pirkei Avot



5:00-6:00
Topics in Jewish Philosophy
Permission to Believe / Receive
Judaism & Psychology
Torah for Life: Values that
Shape Who We Are
Dating G-d: The Chagim
Guided Beit Midrash:
Philosophical Themes
in Sefer Vayikra

4:55-6:00
Connecting to Tefilla
Guided Beit Midrash:
Matan Torah
Daat Tevunot: Knowing
G-d's Plan
Aggadata
Secrets for Living: The Alef-Bet
Torah & Art

6:15 Dinner
7:15-8:15
Messillat Yesharim
Derech Hashem
Shivat Tzion: Ezra & Nechemia
7 Habits of Highly
Successful Jews
My Inner Compass:
Discovering My Purpose
Ensemble

6:15 Dinner

7:00-8:00
Matmidot - OPT IN

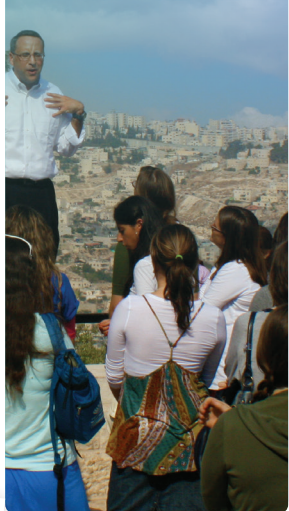
6:15 Dinner

8:30-9:30
Rav Zahtz: Night
Seder — OPT-IN

7:15
Guest Speaker

11:00
Bus back to Machon Maayan

7:15 Keshet



6:15 Dinner

7:15-8:15
Kashrut in the Modern World
Jewish History in a Flash
Religious Zionism
Letters to a Buddhist Jew
Art: Mixed Mediums
Spiritual Biology

8:20-9:20
Echoes of Eden Part 2
Why It Matters
Jewish History in a Flash
Part 2: The Land of Israel
5th Dimension
Art: Mixed Mediums
The 10 Plagues

FITNESS CENTER AND POOL

FITNESS CENTER: Monday, Tuesday & Wednesday: 7:00-8:30 AM • Monday & Wednesday: 9:00-11:00 PM

POOL: Monday & Wednesday: 9:00-11:00 PM • Friday: 12:00-2:00 PM



WEEKLY SCHEDULE

